

Sprout Creek Farm
34 Lauer Road Poughkeepsie, NY 12603
845-485-8438 Fax 845-454-6158
www.sproutcreekfarm.org

THINGS TO BRING FOR SLEEPOVER PROGRAMS

As far as possible, please label personal belongings

Sleeping bag adequate for warm weather

Pillow, if desired

1 bath towel and washcloth

Toilet articles

2 pairs of jeans or similar pants, light colors recommended

3-5 pairs of shorts

T-shirts including one long-sleeved

Underwear for the week

Socks, at least 7 pairs

Sleepwear

Sweater, sweatshirt, or light jacket

Swimsuit

Light raincoat or poncho

Cap

2 pairs sneakers or similar shoes

Aqua socks or shoes to wear in the water

(Note: Children are not allowed to wear sandals at the farm)

Bug repellent

Sunscreen lotion

Flashlight with extra set of batteries

Reusable water bottle

PLEASE DO NOT BRING:

radio, tape or CD player, game boy or any portable video games, electric hair dryer, cell phone, i-pods, magazines food or candy. Please remember that space is limited.