

Sprout Creek Farm Summer, 2010

Project Harvest for Girls 13-14 and Dig It, a 10 Day Program for Girls 15-16



Till the Land
Plant a Seed
Pray for Rain
Chase the Weeds
Make New Friends
Milk a Cow
Love the Plant
Harvest the Fruit
Feed the Hungry
Observe the Heavens

August 8-13 for Girls 13-14

Project Harvest is a weeklong service program that gives you the opportunity to live together at Sprout Creek Farm while working at an organic garden, a CSA (Community Supported Agriculture), and a soup kitchen. You grow and harvest vegetables to feed others and yourselves. You explore new worlds, make new friends and gain broader perspectives. During your days here, you will come to a more empathic understanding of those in need. The world around you will change you. You will stand in awe at the interdependence of all living things.

Each day begins in the garden: planting, weeding and harvesting the fruits of your labor. From the garden, you will go to the “Lunch Box”, a soup kitchen where you will prepare and serve lunch to people in need. In the afternoon you will take some time alone to think reflectively and share your insights. You will refresh yourselves in Sprout Creek, do art, load hay, or build fences as you continue to extend your newly acquired skills. In the early evening you will milk cows and goats, feed sheep, bucks, heifers, collect eggs, and prepare the evening meal. As the sun descends on the gardens, the community gathers for a dinner of organic greens and veggies in season, artisanal cheeses produced on the farm, and pasture raised meats from the farm. This celebration rewards everyone for her day of harvest. In the evening you can enjoy your friends, venture as far as our hay fields or deep inside yourself, read a book, play a game, or gaze at the stars.

Participants of Project Harvest will live with staff members in our cabins, which are nestled comfortably in the heart of Sprout Creek Farm and are equipped with the comforts of home.

Please use the application below

Planet Earth: Dig It
15-16 year old girls
July 25-August 4, 2010



This is your chance to learn how the planet works, a sort of Earth Intro. This is your chance to find out why it *IS* possible to feed the world, and dig into issues that keep people hungry.

Come find out.

Our dedicated farmers, environmentalists, cheese makers and teachers are working on a dream. The dream needs you. Experience our friends, the animals and the plants, busy making food. Watch how they do it. Bring yourselves and your imaginations, and work the farm, feed the pigs, milk cows and goats, harvest veggies, bring food to the hungry and make friends with the biggest mother of all: Planet Earth. Dig It!

Application for Project Harvest, 2010

For Girls 13-14

August 8-13_____

Application for Dig It, 2010

July 25-August 4_____

Name_____

Date of Birth_____Age_____

School_____

Completing Grade_____in June, 2010.

Parent(s) Name_____

Address_____

Home Phone_____

Work Phone, Mother_____

Work Phone, Father_____

Cell Phone, Mother_____

Cell Phone, Father_____

E-Mail:_____ (Please Print)

Project Harvest begins at 3:30 PM on SUNDAY and ends at 2:00 on Friday.

Dig It begins at 3:30 PM on Sunday and ends 8 AM on Wednesday

Full non-refundable tuition for **Project Harvest**, \$575. is required with application unless payment plan is arranged.

Full non-refundable tuition for **Dig It**, \$975.00, is required with application unless payment plan is arranged.

Program Tuition \$ _____

Airport Transportation Fee (\$40) \$ _____

T-Shirt \$20.00 \$ _____ Child M (10-12) _____ Child L (14-16) _____
Adult M _____ Adult L _____ Adult XL _____

Note: We want to reflect the diversity of our planet earth at Sprout Creek. We receive many requests for financial aid. You can help a child attend a Sprout Creek Farm Program by adding a donation to your tuition check. Your gift will be tax deductible and will be added to other gift funds dedicated to scholarship aid.

Thank you very much.

To the Scholarship Fund \$ _____

Total Enclosed \$ _____

Check # _____

Credit Card# _____

Exp.Date _____